

Productive Conflict - 6 Hours

<u>DAY 4 – 6 hours</u>	
Review /Questions	
Module 1: DiSC in Conflict	Develop a broad conceptual understanding of conflict and the guiding principles of <i>Everything DiSC Productive Conflict</i> . Develop a deep understanding of your own DiSC style in conflict. Learn about the other DiSC styles.
Module 2: Destructive Responses	Learn how automatic thoughts influence destructive behaviors. Identify and understand destructive conflict behaviors that you use. Recognize automatic thoughts that you typically have during conflict.
Lunch	
Module 3: Changing Your Response	Practice catching and reframing automatic thoughts. Learn a way to continue evaluating and improving conflict experiences.
DiSC Conflict Map	Discover productive and destructive conflict behaviors for each DiSC style.
Comparison Report	Learn about the <i>Everything DiSC Comparison Report</i> and how it can help people improve their relationships with others. Discover a new way to apply DiSC immediately and use it in your organization.
Questions / Parking lot / Recap of day	

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